



Photography by Leif Norman

Anna Protsiou

8387 Rue Waverly, Montreal, QC H2P 2P9

Email: annaprotsiou@gmail.com

Phone: +1 (204) 881 6184

Website: <https://annaprotsiou.com/>

Demo: <https://youtu.be/rHrHvkqZS6g>

Instagram: [@annaprotsiou](https://www.instagram.com/annaprotsiou)

SUMMARY

- ❖ Contortionist and contemporary dancer with some aerial hoop skills based in Montreal, Canada. Available to perform for shows and special events.
- ❖ Currently in creation for a new contortion solo act supported by the Canada Council for the Arts.
- ❖ Contortion/handstand coaches: Samantha Halas, Anna Ostapenko, Valerie Doucet, Marie-Eve Dicaire, Kimberly Craig
- ❖ Citizenship: Greek, Canadian
- ❖ Passports: EU, Canadian
- ❖ Language: English, Greek, French (beginner)

PERFORMING EXPERIENCE

<i>Artist in Residence</i> (dancer) at New Dance Horizons	Jul 2020 - present Regina, CA
<i>Independent Contractor/Freelance Artist</i> (contortionist) Private functions, public events (solo, duo & quartet performances)	May 2016 - Present
<i>Edward Poitras: Revolution in the Rock Garden</i> (dancer) by Rouge-gorge & New Dance Horizons	Sept 2023 Medicine Hat, Canada
<i>The Kinder Project – MAGDANCE 5 art + dance + archive</i> at Mackenzie Art Gallery (choreography by Robin Poitras & Edward Poitras)	Sept 2023 Regina, Canada
"THIS & The Last Caribou" by New Dance Horizons at PuSh Festival (choreography by Robin Poitras & Edward Poitras)	February 2023 Vancouver, CA
"Outside/In" (dancer) at Anvil Theatre (choreography Robin Poitras & Edward Poitras)	January 2023 New Westminster, CA
"Edward Poitras: Revolution in the Rock Garden" (dancer) by New Dance Horizons	October 2022 Moose Jaw, CA

“Stream of Dance Festival” (dancer) by New Dance Horizons	June 2022 Regina, CA
“Moving Roots: Reflections” (director, choreographer, dancer, circus performer) by Moving Roots	June 2022 Winnipeg, CA
“Inferno” by Les Productions Haut-Vol (contortionist) at Canada’s Wonderland	Sept. 2021 Toronto, CA
“Secret Garden Summer Stage 2021” (dancer) by New Dance Horizons	July 2021 Regina, CA
“Dead of Winter Cabaret” (contortionist) by Prairie Circus Arts	Jan. 2021 Online
“Winnipeg Women Dancing” (dancer) by Stephanie Ballard	Jan 2020 Winnipeg, CA
“Legends of Horrors” (contortionist) by Liberty Group and Hit and Run Dance Productions	Oct. 2019 Toronto, CA
“Creando Lazos a Traves de La Danza” (dancer) by Ilse Torres Orozco & Roberto Mosqueda	July 2019 Leon, MX
“Esprit Libre: Danser Miro” (dancer) by Le Fils d’Adrien Danse- Harold Rheaume	May 2019 Quebec City, CA
“Verge: Remembering Rachel Browne” (dancer) by Winnipeg’s Contemporary Dancers	Jan. 2019 Winnipeg, CA
“Exchange Projects” (aerial hoop duo by Liz Cooper) by the School of Contemporary Dancers	Dec. 2018 Winnipeg, CA
“An Evening of Pitched Dark” (contortionist) by Prairie Circus Arts	Nov. 2018 Winnipeg, CA
“The Rite of Spring” (dancer) by Odette Heyn-Projects and Winnipeg Symphony Orchestra	Oct. 2018 Winnipeg, CA
“New Blue Emerging Dance” - 40 Dancers Project (dancer) by Harold Rheaume	June 2018 Toronto, CA
“Stream of Dance Festival” (dancer) by New Dance Horizons	April 2018 Regina, CA
“Verge: Dance Dialogues” (dancer) by Winnipeg’s Contemporary Dancers and Stephanie Ballard	Feb. 2018 Winnipeg, CA

“Stage Frights: Mable’s Curtain Call” (contortionist) Oct. 2017
by True North Sports & Entertainment, One Trunk Theatre and Fete Jockey Winnipeg, CA

“Heartache Hotel” (contortionist) Feb. 2015
by Frostbite Circus Winnipeg, CA

TEACHING & OTHER EXPERIENCE

Independent Contractor (private classes) Sept. 2019 - present

New Dance Horizons - Teacher June - July 2021

Prairie Circus Arts - Teacher Nov. 2019 – March 2020

Exhale Dance Studio - Teacher Sept. 2020 – June 2021

Monica’s Danz Gym – Substitute Teacher Dec. 2018 – Dec. 2020

School of Contemporary Dancers - Rehearsal Assistant February 2020

Q Dance – Rehearsal Assistant June 2018

EDUCATION & TRAINING

University of Winnipeg May 2020 – Present
BA Honours in Psychology (not active student)

TransFormation Danse 2023 May-June 2023

Impulse Tanz August 2023
Workshops

University of Winnipeg Sept. 2014- June 2019
BA Honours in Dance

Professional Program of The School of Contemporary Dancers Sept. 2014 - June 2018

School of Toronto Dance Theatre Summer Intensive (two weeks) July 2016

Trinity Laban Conservatory Summer Intensive (two weeks) July 2013